

CORN AND BEAN SALAD

Yield:

Ingredients	Amounts
Corn, roasted	1#
Roasted red peppers, julienne	6 oz
Black beans, rinsed	4 oz, canned
Edamame, shelled	4 oz
Diced tomatoes	4 oz
Diced red onions	2 oz
Balsamic vinaigrette	8 oz
Salad oil	2 oz
Salt and pepper	TT

Method

1. Place the corn in a clean bowl, add oil, sprinkle with salt and pepper to the corn, gently toss and lay onto a sheet tray. Place in a 350 degree oven and cook for 8-10 minutes or until corn is at the desired color. Remove from oven and cool completely.
2. Place all ingredients in a clean bowl, add balsamic vinaigrette and gently toss, season with salt and pepper until desired taste